

Making CPAPs for Life





Quick Set-up Guide for **Patients**



Your Everest® CPAP – The Go Anywhere CPAP



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Disclaimer: This promotional brochure is not meant for use as an instruction manual or directions for using a CPAP. Please refer to the user manual packed with your Everest® CPAP for complete details related to using this device.

PN101160 Rev A

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The Everest® 3 and HeadRest® are covered by U.S. patents 6,854,465, 7,089,941,
D555,235 and other U.S. and foreign patents issued and pending.

Set-up Instructions

To begin, plug in the power connector

Ramp Settings and Compliance Sessions

for use of CPAP with or without heated humidifier



Total Compliance Hours

Momentarily displays total hours of use before going into stand-by mode. CPAP must be in stand-by mode to adjust ramp or humidifer settings.



Stand-by Mode

Ready to begin operation. Press __ button.



Ramp Time Period

Time period to reach therapy pressure (set by clinician).

Press >> to continue.



Starting Ramp Pressure

Use ▲ or ▼ arrows to adjust starting ramp pressure. If arrows are not present, this feature has not been prescribed for you. Press NEXT to continue.



Compliance Sessions ≥8

Number of sessions equal to or greater than 8 hours.

Press >> to continue.



Compliance Sessions ≥6

Number of sessions equal to or greater than 6 hours.

Press >> to continue.



Compliance Sessions ≥4

Number of sessions equal to or greater than 4 hours.

Press >> to continue.



Stand-by Mode

Ready to begin operation. To begin therapy, press (). To adjust humidifier settings, see following instructions.

Humidifier Settings

for use of CPAP with or without heated humidifier



Stand-by Mode with Humidifier Reservoir in Place

Ready to begin operation with humidifier in place. Press <u>was</u> button.



Pre-heating the Humidifier without Pressure

Press button to adjust heat settings (1-5). button starts therapy.



Delivering Therapy with Humidifier

CPAP therapy pressure delivered with heated humidifier. To activate the ramp feature, press the — button.



Therapy Starting with Ramp and Humidifier

CPAP pressure gradually increasing to therapy pressure with heated humidifier.

Use of CPAP with Battery



Delivering Therapy with Humidifier on Battery

CPAP therapy pressure delivered with heated humidifier on battery.

Note: No pre-heating or heat selection options available when powered by battery.

Note: On a fully-charged battery, it may take a short period of time for the unit to recognize battery and display ** symbol.

To adjust ramp settings, see ramp instructions. To begin therapy, press (h).

